

**THE GEORGIA CENTER**  
FACIAL PLASTIC SURGEY & LASER AESTHETICS  
613 PONDER PLACE DRIVE  
EVANS, GEORGIA 30809  
706.210.2625

**ACHIH CHEN, MD, FAACS, FACS**

**MID-FACE IMPLANTS**  
**POST OPERATIVE INSTRUCTIONS**

**During Office Hours:**  
**Monday through Friday 9AM–5PM**  
**706.210.2625**

**After Office Hours:**  
**Dr. Chen's cell phone**  
**706.267-5542**

**CALL THE OFFICE IF:**

- YOU HAVE A FEVER GREATER THAN 101.3 F
- THERE IS INCREASE REDNESS/TENDERNESS AT THE INCISION SITE OR SURGICAL SITE
- YOU HAVE UNUSUAL SWELLING
- YOU HAVE INCREASED PAIN

**DO NOT DRIVE OR OPERATE HEAVY MACHINERY FOR 48 HOURS FOLLOWING YOUR PROCEDURE IF YOU HAVE HAD ANESTHESIA, OR WHILE TAKING PAIN MEDICATIONS.**

**MEDICATIONS:** Take your medications as prescribed on the instruction label.

**SUTURES:** Suture will dissolve on their own.

**POSITION:** Keep the head elevated to reduce swelling, sleeping on at least two to three pillows.

**BLEEDING AND CLOTTED BLOOD:** If you bleed from one of the suture lines, apply gentle pressure for 10-20 minutes. It will usually stop. If there is dried or clotted blood along the incision line, you may gently clean the incision line with ½ strength hydrogen peroxide. Do not get hydrogen peroxide into the eyes.

**DAILY CARE:** Rinse mouth with salt water after meals for the first week following surgery. Ice packs or frozen peas can be used on the mid-face area for twenty minutes on and twenty minutes off as needed.

**ACTIVITIES:** No heavy lifting or vigorous activity for 2 weeks following your procedure unless otherwise instructed.

**WORK:**

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**OTHER INSTRUCTIONS:**

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