

THE GEORGIA CENTER

FACIAL PLASTIC SURGEY & LASER AESTHETICS
613 PONDER PLACE DRIVE
EVANS, GEORGIA 30809
706.210.2625

ACHIH CHEN, MD, FAACS, FACS

POST OPERATIVE INSTRUCTIONS

**During Office Hours:
Monday through Friday 9AM–5PM
706.210.2625**

**After Office Hours:
Dr. Chen's cell phone
706.267-5542**

CALL THE OFFICE IF:

- YOU HAVE A FEVER GREATER THAN 101.3 F
- THERE IS INCREASE REDNESS/TENDERNESS AT THE INCISION SITE OR SURGICAL SITE
- YOU HAVE UNUSUAL SWELLING
- YOU HAVE INCREASED PAIN

DO NOT DRIVE OR OPERATE HEAVY MACHINERY FOR 48 HOURS FOLLOWING YOUR PROCEDURE IF YOU HAVE HAD ANESTHESIA, OR WHILE TAKING PAIN MEDICATIONS.

MEDICATIONS: Take your medications as prescribed on the instruction label.

SUTURES: If you have sutures, Dr. Chen will remove them 5-7 days after surgery. Apply antibiotic ointment to the exposed incision line(s) three times (3x) a day.

POSITION: Keep the head elevated to reduce swelling, sleeping on at least two to three pillows

BLEEDING AND CLOTTED BLOOD: If you bleed from one of the suture lines, apply gentle pressure for 10-20 minutes. It will usually stop. If there is dried or clotted blood along the incision line, you may gently clean the incision line with ½ strength hydrogen peroxide. Do not get hydrogen peroxide into the eyes.

ACTIVITIES: No heavy lifting or vigorous activity for 2 weeks following your procedure unless otherwise instructed.

SUN EXPOSURE: If fresh scars are exposed to the sun, they may become lighter or darker and may take longer to fade.

WORK:

OTHER INSTRUCTIONS:
